

If you have any questions regarding any Nifty Over Fifty Activities, please stop by the Covina Joslyn Center or call (626) 384-5380.

WALK THE WALK - Free!

Each week, a Joslyn Center staff will host a walking excursion to a local spot in Covina. This is a great opportunity to get in some exercise while getting to know staff and other active seniors. Destinations will be determined a week prior to each walk. Please dress in comfortable clothes, walking shoes and bring water.

DAY & TIME: □

Wednesdays, 9 am

DATES:

Winter -

□

January 28, February 1, 8, 15, 22, 29, March 7, 14, 21, 28

Spring - April 4, 11, 18, 25, May 2, 9, 16, 23, 30

LOCATION:

Meet at Joslyn Center

□

Wii WEDNESDAYS - Free!

Sponsored by Health Net Medicare Programs. Wii want you! See what the excitement is all about. The center is now offering Wii Sports for adults 50 years and older. This interactive activity is perfect for those looking to try something new, a great way to meet friends and also a fabulous way to stimulate your body and mind.

DAY & TIME: □ □

Wednesdays, 9-11:30 am

□

CLASSIC GAME DAY - Free!

Bring a group of friends or make new friends and come down to play some of your old time favorites, including Dominoes, Chess, Checkers, Mancala, Monopoly, Scrabble, Trivial Pursuit, Jenga and cards.

DAY & TIME:

Wednesdays, 9-11:30 am

□

BUNCO BASH

New and experienced players welcome! Prizes and light refreshments. Join us for a great time!

DAY & TIME:

2nd and 4th Thursday of each month, 1-3 pm

FEE:

\$2

BILLIARDS ROOM

Be a part of the fun and excitement and invite your buddies for a fun game of pool! The billiards room is open Monday-Thursday, 9 am-4 pm and Fridays, 9 am-1 pm. FREE!

BRIDGE

Come join the group and enjoy a friendly game of Bridge.

DAY & TIME:

Mondays and Wednesdays, 1-4 pm

FEE:

FREE (Monday), \$1 (Tuesday)

CINEMA DAYS - Free!

Sponsored by Covina Public Library. See the latest hits and old time favorites. Light refreshments served.

DAY & TIME:

Wednesdays, 1 pm